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ABSTRACT

10 A frozen aerated product having an overrun of between about 10%  
and about 250% and a pH, when melted, in the range about 3.5 to  
about 5.2, comprises water, 0 to about 20 w/w% fat, about 0.25 to  
about 20 w/w% milk solids not fat, about 0.05 to about 1.5 w/w%  
soluble dietary fibre and about 0.1 to about 5 w/w% of insoluble  
15 dietary fibre, about 0.1 to about 35 w/w% sweetener but no  
additional stabilisers or emulsifiers as herein defined. The  
soluble and insoluble dietary fibre may be derived from fruits or  
vegetables for example from one or more fruit purees, one or more  
vegetable purees or mixtures thereof.

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